

**United Kingdom May 2012****Bag Contents for Kari**

File = 2012a-UK/equipment/packListKariUK.ods

14<sup>th</sup> May 2012

<b>Back Left</b>	4070	
Rear Pannier	812	
Maps	662	
Climbing Trousers	280	
Cycle Shirt (2)	170	
Cycle shorts		158
Etui:	492	
Flannel, earplugs		
Shampoo, Soap, Floss,		
Toothpaste, Toothbrush, Comb		
eye drops, inhaler, cream		
moisturiser, lemsip		
Long Johns	112	
Long-sleeved orange Shirt	112	
Long-sleeved "thermal" Vest	110	
Nightdress	182	
Pants (2x cycle)	94	
Pants (2x normal)	62	
Grey knee-length shorts	150	
Socks (2)	52	
T-shirt (2x,blue, navy)	220	
Texas	510	
Vests (1)	50	

<b>Front Left</b>	1768	
Front Pannier	690	
yellow rain coat + cap	514	
black leggings	344	
spats	124	
Head Band		
Inner Gloves + Overgloves	96	

<b>Mattress</b>	1004	
-----------------	------	--

Water Bottle	350	350
--------------	-----	-----

<b>Back Right</b>	2980	
Alldays	154	
Black fleece	564	
Book	192	
Cycle leg warmers	140	
Innertube	184	
Rear Pannier	812	
Silk Liner	156	
Sleeping Bag (incl. cover)	778	

<b>Front Right</b>	1800	
Front Pannier	688	
Duster, pegs	136	
English money	172	
Handkerchiefs x3	80	
Plastic bags (large)	148	
Reflector shirt	300	
Swimming Costume, towel	172	
Travelling bag	104	

<b>Handlebar Bag</b>	1718	
The Bag Itself	814	
Address book	68	
Cycle Glasses x2	72	
Driving Licence, Credit Cards	48	
ID Card (CH) passport		
Glasses x 2	112	
Handy	118	
headtorch	84	
Keys, house+bike	62	
Lip Salve	12	
Penknife	60	
Purse, body purse	126	
Saddlecover	24	
Sewing kit	66	
Toilet paper, Tempo	52	

Total Front:	5286	40%
Total Rear:	8054	60%

<b>To Wear</b>	1418
Helmet	284
Cycle Shorts	158
Socks	40
Plimsolls	722
Pants	30
Cycle Shirt	140
Gloves	44

Total (excluding clothes worr 13690

Total left 55%

Total right 45%

The numbers are weights in grams

<b>Notes</b>	
Cycle Computer Setting David	2184
Cycle Computer Setting Kari	2070

**United Kingdom May 2012**  
**Alphabetical for Kari**

File = 2012a-UK/equipment/packListKariUK.ods  
14th May 2012

**BL = Back Left**  
**BR = Back Right**  
**FL = Front Left**  
**FR = Front Right**  
**HB = Handlebar Bag**  
**RS = Rucksack**  
**LR = Luggage Rack**

BR Alldays  
HB Address Book

BR Black fleece

HB Cigarette Lighter  
BL Climbing Trousers  
BL Comb (Toilet Bag)  
HB Credit Cards

HB Cycle Glasses  
BL Cycle Shirt (2)  
BL Cycle Legwarmers  
BL Cycle shorts  
BL Dental Floss (Toilet Bag)  
HB Diary  
HB Driving Licence  
HB Ear Plugs (Toilet Bag)  
LR Elastics  
BR Emergency spoke (Repair Kit)  
BR First Aid Kit  
BL Flannel (Toilet Bag)  
HB Glasses  
RS Glasses (spare)  
FR Gloves (Inner + Over)

BL Grey knee shorts  
HB Handy  
FR Head Band  
BR Inner tube

HB ID Card (CH)  
HB Keys, house + bike  
HB Lip Salve  
HB Lock  
HB Log Book  
BL Long Johns  
BL Long-sleeved Skiing Shirt  
BL Long-sleeved orange Shirt  
BL Long-sleeved "thermal" Vest  
LR Mattress  
BR Med. + scissors  
BL Micropur (Toilet Bag)

BL Mosquito Repellant (Toilet Bag)  
FL Nylon Anorak  
FL Nylon Leggings  
BL Pants (2)  
RS Paper Handkerchieves  
HB Passport (UK)  
BR Pegs (5)  
HB Penknife  
HB Polythene Bags(small)  
FL Plastic bags (large)  
FR Red longsleeved wind jacket  
BR Reflector Shirt  
HB Saddle Cover  
BL Scissors (Toilet Bag)  
HB Sewing Kit  
BL Shampoo (Toilet Bag)  
BR Silk Liner  
BR Sleeping Bag (incl. cover)  
BL Soap (Toilet Bag)  
BL Socks (3)  
FL Spats  
HB Sun Cream  
HB Sunglasses  
FR Swimming Costume  
BL T-shirt (2)  
LR Tent Poles  
BL Tevas  
HB Toilet Paper  
BL Toothbrush (Toilet Bag)  
BL Toothpaste (Toilet Bag)  
BL Towel (Toilet bag)  
BL Vests (1)  
HB Wallet  
BR Washing Line  
FL Washing Liquid (Pots)  
BR Washing Sachets

**To Wear**

Helmet  
Cycle Shorts  
Socks  
Plimsoles  
Pants  
Cycle Shirt  
Gloves